
F o l l o w Y o u r s e l f H o m e
&
E n j o y T h e C o m p a n y

Claimed

Life is inclusive
You wake up
and here you are
included

It's you who looks out the window and gets scared
relegating yourself to the sidelines
It's you who believes you don't belong

It's those doubting voices inside your head
that have you crawling back into bed
blankets over your head
disbelieving

Life has already claimed you
each breath, proof
that existence has already
proclaimed you as its own