

---

# Word Remedies

A Complete Collection

---

## On Our Knees

Marriage is sacred  
Not because it is sanctified by God  
but because it brings us to our knees

Kneeling on the cold wooden floor  
we are asking for blessings  
we are asking for answers  
How to love?  
How to be loved?

A yearning heart  
sitting before the altar of love  
candles lit in worship

A screaming heart  
standing before the vast despair  
arms raised, raging

A silent heart  
kneeling before itself  
eyes closed in hope

All asking  
How to love?  
How to be loved?

Jane O'Shea

---

wordremedies.com